

HONOURING RESISTANCE

A Response-Based Approach to Counselling

Program One:

A Workshop with Allan Wade

The Response-Based approach described in this workshop stems from the observation that victims invariably respond to and resist sexualized assault and abuse, wife-assault, sexual harassment, bullying, armed robbery, racism, and many other forms of violence. Perpetrators anticipate resistance and take specific steps to conceal and suppress it. Yet, in legal and mental health settings, victims are often portrayed as socially conditioned individuals who seek out and submit to the violence they endure while violent acts are portrayed as effects of overwhelming forces that cause the perpetrator to lose control against his will.

Consistent with these views, therapy with victims of violence is seen as a process of treating effects. Therapy with the perpetrators is seen as a process of teaching strategies to control the overwhelming forces within, seen as effects of tension or anger. But the language of effects is a powerful political tool that conceals both the victims' responses and their resistance to violence as well as the perpetrators' responsibility for violence.

Through a process of gentle and respectful questioning, the response-based approach restores dignity to victims by elucidating their prudent, determined, and creative responses and resistance to violent acts.

\$169. Includes Viewer Guide.

Program Two:

The Response-Based Interview

Program 2A: Dr. Allan Wade conducts a response-based session.. (22 minutes)

Program 2B: Allan and the client provide a running commentary on the interview. In conclusion, Dr. Wade summarizes and clarifies the process. (80 minutes). **Prog. 2A&B, \$169.**

© 2005, VHS or DVD format available.

Special Series Price: \$299 (includes both programs and the Viewer Guide)

Photo by Cathy Sheeter



Who should see this series?

Practitioners in:

- mental health
- social services
- criminal justice
- victim services

Victims of:

- spousal assault
- sexualized assault
- bullying
- armed robbery
- racism
- residential schools
- natural disasters

This series is innovative, inspiring and immediately useful. This approach can be used with victims of abuse, violence and other trauma, both children and adults.

"The response-based approach is one of the most exciting, politically sensitive and useful models of theoretical and clinical work to come along in a long time."

- Dr. Imelda McCarthy, Professor - School of Applied Social Sciences at University College Dublin, Therapist, Ireland

"Working with people's resistance to abuse and honouring their spirit is liberating work."

- Tonya Gomes, MA, Counsellor, First Nations community, Vancouver, BC

"The response-based approach is safe, respectful and effective. By focusing on responses and resistance to violence in residential schools and in the present day, we have seen individuals make remarkable and lasting positive changes."

- Ann Maje-Raider, Director, Liard Aboriginal Women's Society

"The work featured in this video series presents a new way to look at the stories, symptoms, and recuperative powers of people who have sustained abuse and a large group of people working with diverse other issues as well."

- Dr. Jim Sacamano, Psychiatrist, Victoria, BC

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